TRUE OR FALSE

There are many myths about aging and older persons. Mark each of the following statements with an “F” if it is false and with a “T” if it is true.

1. _____ All old people are the same.
2. _____ Older persons are at risk for health problems and disabilities.
3. _____ Many older persons enjoy a fulfilling sex life.
4. _____ Older people are lonely and isolated.
5. _____ Most older persons live in nursing centers.

COMPLETION

6. Gerontology is ______________________________.

7. These factors affect how people cope with aging:
   a. ________________________________________
   b. ________________________________________
   c. ________________________________________
   d. ________________________________________
   e. ________________________________________

8. List three changes that occur in the eyes with aging that increase a person’s risk for falls.
   a. ________________________________________
      ________________________________________
   b. ________________________________________
      ________________________________________
   c. ________________________________________
      ________________________________________

9. ________________________________ is the time when menstruation stops and menstrual cycles end.
10. Most older persons live in their own homes. List five additional housing options available to older persons.
   a. ______________________________
   b. ______________________________
   c. ______________________________
   d. ______________________________
   e. ______________________________