Sorrentino: Mosby’s Textbook for Nursing Assistants, 9th Edition

Chapter 22: Personal Hygiene

Student Assignment

Date: ______________ Name: _____________________________

COMPLETION

1. Oral hygiene reduces the risk for ________________ and ________________.

2. Which observations made during oral hygiene are reported to the nurse?
   a. _______________________________________________________
   b. _______________________________________________________
   c. _______________________________________________________
   d. _______________________________________________________
   e. _______________________________________________________
   f. _______________________________________________________

3. You are giving mouth care to an unconscious person. What should you use to keep the person’s mouth open?
   _______________________________________________________

4. How often is mouth care given to the unconscious person?
   _______________________________________________________
   _______________________________________________________

5. You are cleaning a resident’s dentures. Explain how you will protect the dentures from breakage.
   _______________________________________________________

6. Explain why hot water is not used to clean or store dentures.
   _______________________________________________________
   _______________________________________________________

7. To promote safety when giving a shower, you must turn ________________ water on first, then ________________ water. Turn ________________ water off first, then ________________ water.

8. To safely apply powder, you need to:
   a. _______________________________________________________
   b. _______________________________________________________

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c. __________________________________________________________
d. __________________________________________________________

9. A complete bed bath involves
   ____________________________________________________________
   ____________________________________________________________

10. Why might a towel bath be given to a person with dementia?
    ____________________________________________________________
    ____________________________________________________________

11. Before assisting a person with a tub bath or shower, what information do you need from the nurse and the care plan?
    a. __________________________________________________________
    b. __________________________________________________________
    c. __________________________________________________________
    d. __________________________________________________________
    e. __________________________________________________________
    f. __________________________________________________________
    g. __________________________________________________________
    h. __________________________________________________________

12. When giving perineal care, what safety measures are practiced?
    a. __________________________________________________________
    b. __________________________________________________________
    c. __________________________________________________________